

Public Review Notice: Proposed Adoption of SOS Signs of Suicide Program

Pike County Middle School is considering the adoption of the **MindWise SOS Signs of Suicide (SOS) Program** for use with students in grades 6–8.

What is SOS Signs of Suicide?

SOS Signs of Suicide is an **evidence-based youth suicide prevention program** that teaches middle and high school students how to recognize warning signs of suicide and depression. The program encourages students to use the ACT® message: **Acknowledge, Care, Tell** if they are concerned about themselves or a peer.

- Listed on the **Suicide Prevention Resource Center’s Best Practices Registry**
- Shown to **reduce suicide attempts by 64%** in clinical studies
- Delivered in a **single class period** with refresher lessons available each year
- Provides families with resources and educational materials

More information and a brief program demo can be found here: [MindWise SOS Signs of Suicide Parent Information](#)

Who is it for?

The program is designed for **all students in grades 6–12** and can be delivered in a single class period. Pike County Middle School proposes implementing SOS with all students in **6th, 7th, and 8th grade**.

Public Review and Comment Period

The proposed materials are available for public review for **30 days beginning September 4, 2025**. The Pike County Board of Education will consider approval of the program at its **October 7, 2025 Board Meeting**.

To review the SOS program materials in their entirety, or to ask questions, please contact:

Stephanie Freeman, Media Specialist, Pike County Middle School

Email: freemas@pike.k12.ga.us

Parent Notification and Opt-Out Option

If approved, SOS will be taught in all middle school grades (6–8). Parents will receive detailed information in advance, along with an **opt-out form** that allows families to decline participation for their student.