

Triennial Assessment Tool

Every three years or more often if the district desires, the district must conduct an assessment of the wellness policy that is made available to the public. The evaluation must address:

- Compliance with the district policy
- The extent to which the local wellness policy compares to the [Model Wellness Policy](#)
- Progress made in attaining the goals of the wellness policy

The first triennial assessment should be completed by June 30, 2023, or earlier. The second triennial assessment is due 3 years from the completion of the first triennial assessment. Districts are required to make the Local Wellness Policy and Triennial Assessment available to the public.

Date of Assessment: 5-22-26	Name of School District: Pike County Schools		Number of Schools in District: 4
Nutrition Education Goal(s):	Goal Status (select one):	Number of Compliant Schools:	Notes:
1. The primary goal of nutrition education is to teach the skills that will positively influence students' eating behaviors.	Partially Completed	4	This is always an ongoing process. We are doing a good job of this, but it is never ending.
2. During the school day, the school system will promote healthy eating habits throughout the school environment as defined by Nutrition Standards for All Food Sold in School by the Healthy, Hunger-Free Kids Act of 2010 (e.g., cafeteria, a la carte, snack bars/school stores, classroom snacks, ASP snacks, vending, non-exempt fundraising).	Completed	4	Our school over the last few years has positively changed habits of rewarding students with treats, etc. It is an ongoing process due to parental involvement and special holidays, etc.
3. The school system will promote nutrition education consistent with federal and state laws, standards, and regulations.	Partially Completed	4	We are careful to always be compliant.
4.	Choose an item.		
5.	Choose an item.		

Nutrition Promotion Goal(s):	Goal Status (select one):	Number of Compliant Schools:	Notes:
1. The lunchroom menu will model well-balanced meals.	Completed	4	Students are reminded to take fruits and vegetables with their trays by cafeteria workers and teachers.
2. Consistent nutrition messages will be reinforced throughout the school, classroom, cafeteria, home, community, and media.	Partially Completed	4	We probably need work in the area of home and the community.
3. School-based marketing will be consistent with nutrition education and health promotion that allow marketing and advertising of only those food and beverages that meet smart snacks in school nutrition standards.	Completed	4	All fundraisers are approved by the principal and school board and must be compliant.
4.	Choose an item.		
5.	Choose an item.		
Physical Activity Goal(s):	Goal Status (select one):	Number of Compliant Schools:	Notes:
1. The primary goal of the physical activity component in each school is to provide opportunities for every student to develop the knowledge and competencies necessary to perform a variety of motor skills through physical activity, maintain physical fitness, regularly participate in physical activity, and understand the short- and long-term benefits of physical activity as it relates to healthy living.	Partially Completed	3	Our P.E. program along with recess promotes this daily.
2. Students will be given the opportunities for physical activity during the school day through daily recess periods (grades K-5), as well as required	Completed	4	

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and elective physical education (PE) classes (all grades).			
3. Students will be encouraged to be involved in physical activity in the community, school-sponsored events, and extracurricular activities including cooperative and competitive games.	Completed	4	Many of our students participate in recreational sports, but after school sports are not offered at the primary level. We do, however, have an annual field day,
4. Recreational facilities are safe, clean, and accessible for all students.	Completed	4	
5.	Choose an item.		

Other School-Based Activities that Promote Student Wellness Goal(s):	Goal Status (select one):	Number of Compliant Schools:	Notes:
1. Promote and encourage alternatives to food as a reward or punishment.	Partially Completed	3	This has been a goal at the Primary School in recent years.
2. Refrain from withholding physical activity or recess for low-level disciplinary education.	Partially Completed	3	Our principal makes it clear that this is no appropriate punishment. Additionally, students have access to a sensory walk in the hallways that encourages them to gain exercise throughout the day while in the hallway.
3. Encourage opportunities for physical activities outside of recess and physical education.	Partially Completed	3	
4. Encourage healthy eating during any class celebrations; classroom snacks brought by parents or other food given as incentives.	Partially Completed	3	This is encouraged, but many parents still send in items not on the teachers list for treats for parties.
5.	Choose an item.		
Nutrition Guidelines for All Foods and Beverages Sold to Students	Status (select one):	Number of Compliant Schools:	Notes:
1. The School Nutrition Program will provide reimbursable meals that comply with nutrition standards set forth under	Completed	4	

relevant federal, state, and local regulations. Students will be provided a choice of menus or items within required food selections in all schools and may refuse some food items offered.			
2. Nutrition standards for all foods sold to students on school campuses during the school day shall comply with Healthy, Hunger-Free Kids Act of 2010.	Completed	4	
3. The school should promote an overall school environment that encourages students to make healthy food choices.	Completed	4	I would like to see a school wide focus during one week of the school year or a health fair to really emphasize this.
4.	Choose an item.		
5.	Choose an item.		
Nutrition Guidelines for All Foods and Beverages Not Sold to Students <i>(i.e., classroom parties, foods given as reward)</i>	Status (select one):	Number of Compliant Schools:	Notes:
1. Promote and encourage alternatives to food as a reward or punishment.	Partially Completed	3	
2. Consistent nutrition messages will be reinforced throughout the school, classroom, cafeteria, home, community, and media.	Completed	4	We need to work on the home and community portion of this. Perhaps a community health fair for children?
3. Encourage opportunities for physical activities outside of recess and physical education.	Partially Completed	3	The sensory walk is available in the hallway and many teachers use brain breaks which are physically active.
4. Encourage healthy eating during any class celebrations; classroom snacks brought by parents or other food given as incentives.	Partially Completed	3	Teachers ask for healthy snacks, for often parents send in sweets, etc.
5.	Choose an item.		
Policies for Food and Beverage Marketing	Status (select one):	Number of Compliant Schools:	Notes:

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1. The school system shall establish and maintain a Local Wellness Committee to incorporate input of stakeholders including the public, students, and health and physical education professionals. The annual goal of the Local Wellness Committee will support this regulation and the school's wellness plan governing wellness for students.	Completed	4	
2. The Local School Wellness Committee will assess the school's physical activity, healthy eating, and overall school-wellness initiatives to develop the school's wellness plan.	Completed	4	
3. To improve communication with the public and support the school wellness initiatives, information on nutrition, physical activity and physical education shall be made available through student folders, newsletters, websites, school-sponsored activities, bulletin boards, or other appropriate home-school communications.	Partially Completed	3	This is done, but some teachers include this information in their class newsletters, and some don't.
4. Each school shall establish a designee(s) to measure and monitor implementation of this Rule annually by utilizing the School Wellness Policy Building Annual Progress Report provided by the Georgia Department of Education.	Partially Completed	3	
5.	Choose an item.		

Wellness Policy Leadership <i>Name of school official(s) who are responsible to ensure compliance.</i>	Title and School	Notes:
1. April Teal-Phagan	Principal/Primary	
2. Allison Peabody	Principal/Elementary	
3. Michael Teti	Principal/Middle	
4. Dr. Lindsay Busby	Principal/NGA	
5. Kevin Huffstetler	Principal/High	
Wellness Committee Involvement <i>List of committee members' names</i>	Title and Organization	Notes:
1. Jodi Ansalve	Aramark Coordinator	
2. Gillian Appleton	Teacher/Primary	
3. Tammy Bell	Director of SNP	
4. Stacy Berry	Parent	
5. Dr. Jenny Davis	Assistant Superintendent FP	
6. Christine Head	Parent	
7. Mandy Maxwell	Parent	
8. Ashley O'Steen	Teacher/Elementary	
9. Justin O'Steen	Teacher/High	
10. Mike Powell	Family Connections Coordinator	
11. Jessica Riggins	Teacher/Middle	
12. Melissa Whitley	Teacher/NGA	
13. Lauren Wilmont	Parent	

KEY	
Completed	select if you have met this goal at all schools
Partially Completed	select if one or more schools has met this goal
In Progress	select if you are working on the goal, but none of the schools have met the goal
Not Completed	select if you have not begun working on this goal